Summer 2014 Vol. 19 Issue 1

"A Traveling Companion on Your Life Journey

Love Times Ten Million by Robert Spaulding O.P.

It is funny, but then again, not funny at all, the way our lives work. All of the different emotions, all of the varying degrees in which we experience them. All of the freedom, all of the chains around our ankles and hearts. The entire big picture that is really a lot of small ones. And complex! Sometimes so complex is the picture of our lives that we can never come to understand it, and sometimes it is as simple and predictable as we need it to be. But never ever do we find ourselves questioning life more deeply than when we experience death. Never ever do we find ourselves in a state of complete confusion than when our worlds are turned upside down by the creation of a giant hole in our hearts that we know will never disappear. And so we seek. We seek answers. We seek ways to get through the day, a way back to the way we used to be. Before everything changed. Back when life was about life, and not death. And we long to understand the big picture, or at least some of the small ones.

Never ever do we find ourselves questioning life more deeply than when we experience death.

Suddenly and unwillingly we find ourselves trying to tap into the single grains of sand in the desert, or the single stars in the sky we know as "ourselves." And we try to tap into the people we Love and now have lost who have brought us into this place we never wanted to go. We grieve, and we want to smile and laugh again. We look for hope, and end up latching onto to the things in our lives that bring us that hope.

That is why I wish to share my experience one day with death that I have found to be a source of hope for myself when I am grieving. For one day, I was given the unfortunate blessing of a glimpse into the darkness, a tiny blip of the big



Image courtesy of dan / FreeDigitalPhotos.net

picture of death. I understand that my story is as unique as I am, and I am convinced that every single person will experience their own story some day as well. But I am also keenly aware of many similarities in the stories I hear from others, the most prominent being the description of "Love" throughout the event. Yes, Love. That word as mysterious as death. That word opposite of death that describes what we want most in our lives.

My personal N.D.E. (Near Death Experience) came on an ordinary morning in May, 2000. Everything at home seemed to be going downhill, quite honestly. That previous February my father suffered a severe stroke and, though he survived, he lost half of his capacities and was nowhere near the man he once was. My marriage was not going well, and my kids had reached the age of rebellion. So going to work as an electrician was an escape for me, a way to get my mind free of life's challenges. As a bonus, it being a Saturday meant that none of the authorities would be around so I was able to sneak in a radio onto the construction site, and was blessed to be put to work in an area where I would be by myself and free to listen to it.

So with the radio blaring, I was my ordinary self, an ordinary electrician, singing along as loudly as I could, as I thoughtlessly grabbed a live wire and

connected myself electrically through my wrist watch to the ceiling grid. And 277 Volts came through me, leaving me unable to move or free myself. Unfortunately, what makes 277 Volts the number one killer voltage of electricians is that when you lock into it you don't simply cause an explosion. Instead, what happens is that the electricity keeps running through you, and your muscles and tendons instantly lock up and start to squeeze so tightly that eventually you get crushed to death, inside out. And I can attest that it hurts really bad.

What I didn't like more than the pain, however, was that I didn't black out. My mind stayed active, so I knew I was helplessly locked on and in serious trouble. Instantly it became clear, I was not getting free. "Oh no," I thought after a very brief fight," I'm going to be in the paper." And that's when I had a forever moment, a moment of accepting that I was dying.

I had a forever moment, a moment of accepting that I was dying.

CONTINUED ON PAGE 2...

PROKO-WALL Funeral Home publishes TOMORROW^{**} as a service to the families who trust us in the hours of their greatest need. TOMORROW will be sent to all of our families for one year following their loss. It is designed to provide our families with an understanding of their yesterdays, support for their todays, and a promise of hope for their tomorrows.

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...CONTINUED FROM PAGE 1 / LOVE TIMES TEN MILLION

Oddly enough, and harder to explain enough, rather than ending everything started happening instead. I suddenly became filled with a rush of emotion that I can only describe as "Love times ten million." I felt this great joy, almost as though I was laughing even though I couldn't, and everything was as peaceful as I had never before felt it to be. My eyes, which were locked looking down at the floor because my chin was locked into my chest, started glossing over and the floor became blurred by a light, which grew larger as it came towards me. (I remember thinking, "Hey, the light is coming to me, I thought I was supposed to go toward IT!")

And then, when the light completely came over me, I saw in it my youngest daughter, Elizabeth, who was 9 years old at the time, and definitely daddy's baby girl. I was still filled with Love times ten million as I saw her looking upon me with total fear and sadness on her face, so I cried out in my mind "Don't be afraid Lizzie! I Love you so much! I'm never going to leave you!"

I do not know to this day what inspired me to say those words; it was as if I wasn't speaking them myself. But it was also like she couldn't hear me anyway. And just like that, I don't know how, there was Sarah in her place, my second youngest. She had that same look of fear and she was crying and I cried out the same thing, "Don't be afraid, I'm not leaving you, I'll always be with you. I Love you!" Then there was Glenn, then Andy, then Curt. Same thing for all three. I remember thinking "Wow, they're coming youngest to oldest." And I remember that I was not sad or afraid, only filled with Love times ten million, and the peace and joy that came with it.

I remember that I was not sad or afraid, only filled with Love times ten million, and the peace and joy that came with it.

Finally then, right at the moment my oldest daughter, Melissa, flashed into my view, I found myself lying on the floor, tools scattered all about and my legs tangled up into the 8' ladder that was laying on its side. "Oh no," I thought and probably said aloud, as the Love times ten million feeling had stopped but I still felt no pain, "Oh no." I didn't want to be back.



"Don't be afraid, I'm right here, I Love you."

On that day I will relive every day for the rest of my life, May 6, 2000, I had lived through the horrible experience of death being turned into the powerful experience of "Love times ten million." And Love times ten million, after all, is what I claim we all seek, more than everything else in life. Along with life, death, and the big picture, I think that the loss of someone we Love will always be something we never grasp. But I also think that this experience is something close to what all people will find in death.

In 2007 my father succumbed to the effects of his stroke, and all I can picture is that place I once was, that place of Love times ten million. And I find peace in believing that he is there today, telling me what I had told my children, "Don't be afraid, I'm right here, I Love you."

My hope for all who are grieving is that we all hear those same words coming from those we miss so badly. Because when we do, our sorrow will be one tick more bearable. When we keep ourselves in the Love their lives brought to us life will become about life again, rather than death. I speak from that lousy experience and invite everyone to try!

It's funny, the way it all works, but then again, not really funny at all... but there is hope. ❖

Robert (Robb) Spaulding O.P. (Ordinary Person) is the Coordinator of Lakeshore Grief Support Programs in Manitowoc County and Lay Presider and Manager of St. Thomas the Apostle Catholic Cemeteries in Newton, WI.

SUPPORT



LAKESHORE GRIEF SUPPORT PROGRAMS

All sessions are free and registration is not required. For more information please call Robb Spaulding at 920-698-0998.

Monday, 6/2, 7/7, and 8/4; 6-7 pm
Manitowoc County Office Complex
4319 Expo Drive; Manitowoc, WI 54220
Saturday, 6/14 & 28, 7/12 & 26, 8/9 & 23, 10 am-11:30am; Aurora Medical Center Michigan Conference Room; 5000
Memorial Drive, Two Rivers, WI 54241

LAKESHORE WINGS OF HOPE

Help families deal with the loss of a baby through miscarriage, stillbirth, ectopic pregnancy, or SIDS to provide support and encouragement throughout the grieving process. To set appt. contact Jenny Weier at 920-242-1153

ECUMENCICAL GRIEF SUPPORT

From Mourning to Hope. Green Bay. Various grief seminars and support groups. For more information call, 920-737-2790.

DEPERE COMMUNITY CENTER

Grief support groups will be held the second Monday of every month at the DePere Community Center at 600 Grant St. DePere, WI 54115. Upcoming sessions are 6/9, 7/14, and 8/11 from 5:30-6:30pm.

NEW HOPE GRIEF GROUP

Annunciation, 1087 Kellogg St., Green Bay, Room 105. Starts August 26 and meets five consecutive Tuesdays from 1:30 to 2:00 p.m. To register, call 496-2160.

LET'S TALK GRIEF

Based on Hospice Advantage's Healthy Grieving Model. An open discussion group-all are welcome. Held at Harmony Café, 1660 W. Mason St. in Green Bay (6/24 & 8/26) and Harmony Café, 233 E. College Ave in Appleton (7/22) from 6-8 p.m. Call Pam Sengstock at 321-2004 for more information.

THE CARE COMMUNITY

Web site provided by In-Sight Books free of charge <u>www.thecarecommunity.com</u>.

GROUPS

SHARE

For parents who have lost a baby due to miscarriage, still birth or early death. McKenna Library, Room 2838 at St. Vincent's. Sessions: 6/12, 7/10, 8/8, 7p.m.

SHARE MISCARRIAGE MEMORIAL SERVICE, 7/17 1 pm

For babies miscarried less than 20 weeks. Allouez Cemetery, Chapel service followed by graveside blessing and reading of names. Friends, siblings & extended family members welcome. Please contact Lana Reinke or Theresa Shuck at 433-8634

S.O.S. (SURVIVORS OF SUICIDE)

For family and friends to cope with the loss of a loved one due to suicide.

Green Bay - 2nd Monday of the month;
7-8:45pm, at Bellin Mezzanine, 2020 S.

Webster Ave. Call Mary at 339-8952

Two Rivers - Second Wednesday of every month 7-8:45pm at Aurora Medical
Center's Superior Conference Room.

Contact Rhonda at 920-901-0779.

GENERATIONS-HOPE FOR FAMILIES

Designed to support grieving families with children & teens ages 6-18. Complimentary dinner followed by separate support groups for parents & children. Upcoming dates: Thursdays, 6/12, 7/10, 8/14; from 5:30 - 7:30 pm Unity Campus, 2366 Oak Ridge Circle, DePere. Registration required. Contact Lisa DeSieno at 338-1111 or 800-990-9249. ❖

B O O K R E V I E W

Left Alone: A Book on Widowhood

by Ruth Becker • Review by Molly Nicholson

Having the title "widow" thrust upon you is an overwhelming and foreboding event. It alters the core of your self-identity, and adjusting to this new concept of yourself can seem to be an insurmountable challenge. There is no "right" way to navigate the path



There is no "right" way to navigate the path of widowhood, it is an entirely unique and intimately personal journey for each widow.

navigate the path personal journey for of widowhood, it is an entirely unique and intimately personal journey for each widow. Left Alone is an account of Ruth Becker's personal struggles and triumphs coupled with the wisdom she has gleaned through

Becker's *Left Alone* is rife with Christian overtones and biblical verses as she explores the personal tragedy that left her a widow. While the book begins as a completely personal narrative, it branches into an incredibly supportive, uplifting, and inspiring book. Through straightforward chapter titles, the book progresses through emotions Becker experiences, helpful and hurtful reactions of others, helping her children cope with their grief journeys,

adapting to her new life as a widow.

other widows' stories and reactions to their loss, and what life entails after becoming a widow.

Becker encourages introspection for new widows to assess what they feel will best accommodate their personal grief and listen to what their souls and bodies are trying to

communicate. Her gentle suggestions for steps toward healing are completely unassuming and filled with encouragement and empowerment. While Becker stumbles along her widowhood path, she never hesitates to use God as her compass to continue growing and learning from her experience. �

Reviewed by Molly Nicholson, a graduate of the University of Minnesota Program of Mortuary Science and is a funeral director apprentice at Proko-Wall Funeral Home.



DINNER FOR ONE

Orange Chicken, Peppers & Onions from WomansDay.com

ACTIVE TIME: 20 minutes

INGREDIENTS:

- 1 cup long-grain white rice
- 2 Tbsp olive oil
- 1-6 oz boneless, skinless chicken breast, cut into thirds
- Kosher salt and black pepper
- 1/2 small onion, sliced
- 1/2 red bell pepper, sliced
- 1 clove garlic, chopped
- 1 orange, juiced (1/4 cup)
- 4 pitted Kalamata olives, halved

DIRECTIONS: Cook the rice according to package directions. Meanwhile, heat 1 Tbsp oil in a large skillet over medium-high heat.

Season chicken with 1/8 tsp salt and a pinch of pepper and cook on one side for 3 minutes.

Turn and move to one side of the skillet. Add the onion, bell pepper, garlic and remaining 1 Tbsp oil to the skillet' season with 1/8 tsp salt and a pinch of pepper. Cook, stirring occasionally, until just tender, 3 to 4 minutes. Add the orange juice and olives, and simmer until the vegetables are tender and the chicken is cooked through, about 2 minutes. Serve over rice.

GRIEF SUPPORT GROUPS

"Shared tears and laughter are healing; trying to help others is a potent pain reliever."

—Erin Diehl, who lost her husband of 43 years to cancer.

THE COMPASSIONATE FRIENDS

For parents and grandparents grieving the loss of a child.

Green Bay - Meetings 3rd Thursday of month: 6/19, 7/17, 8/21; 7pm at First United Methodist Church, 501 Howe St., 7:00 pm, 370-3858

LIVING WITH LOSS

Heartland Hospice Support Group: 5 week sessions throughout the year in Green Bay, Shawano & Peshtigo. For more info on dates and locations, and to register, call bereavement coordinators 336-6455 or 1-866-631-3149.

Asera Care Hospice Support Group: 1294 Lombardi Ave., Green Bay, call Mandy for schedule, 497-4672

NAVIGATING THE WATERS OF GRIEF

Unity Hospice's Adult Bereavement Support: <u>Green Bay Area</u>: Unity Office, 2366 Oak Ridge Cr., De Pere.; Tuesdays, 5/13-6/10 from 1:30-3 p.m. and Tuesdays, 7/8-8/5 from 6-7:30 p.m.; Registration req., call 338-1111 or 1-800-900-9249.

Women's Luncheon: monthly on 3rd Wednesday from Noon-1:30pm at a local restaurant for conversation & support. Call 338-1111 for location. Lunch is available for purchase off the menu.

GRIEF CONNECTION

Ongoing grief support group for adults which meets the third Thursday of every month from 7-7:30 p.m. in De Pere, It is recommended that participants first attend a 5-week session of *Navigating the Waters of Grief*- Unity Office, 2366 Oak Ridge Cr.

LIVING WITH LOSS

<u>Appleton</u> - Affinity Visiting Nurses Hospice; meetings every 1st Tuesday at 2:30 pm at Thompson Community Center, 820 W. College Ave.

Men Journeying through Grief: Meetings every 1st Wed. at 6-8pm at 816 W. Winneconne Ave., Neenah. Pre-registration is not required, but appreciated for meal planning purposes. Men Only please. Peace through Grief: Looking at the many pieces of life that are affected by a loss; 6-week informational and support program looking at the emotional, physical, spiritual and social aspects of the grief experience. Pre-registration required.

Call 727-2000 or 1-866-236-8500 for any of above.

PULASKI GRIEF SUPPORT

Open to all faiths and all ages. Third Wednesday of month at 6:30 pm. At Assumption B.V.M. in the church basement in St. Clare Room. Enter at the southwest door. No registration required. 822-3223.

ST. JAMES GRIEF SUPPORT

St. James Parish, Cooperstown; Session, July 13 from 6-8pm. Contact: Tom Bekkers, 660-8066.

UNDERSTANDING GRIEF

One time overview of grief; Thurs. 8/21 from 11:00am-12:30pm; Sturgeon Bay, please call Unity office for exact location of event. Contact: call 338-1111 or 1-800-900-9249.

COMMUNITY MEMORIAL SERVICE AND DOVE RELEASE

Held at Heritage Hill Moravian Church on Tues. 6/17 at 6 p.m. Sponsored by the AseraCare Hospice Foundation. Seating is limited, so please RSVP to AseraCare Hospice by June 10. 920-497-4672.

AURORA GRIEF SHARE

Green Bay: For adults; four-week session; Wednesdays from 1-2pm, Aurora Baycare Hospital Chapel, 2845 Greenbrier Road. Call for schedule, 288-3094 or email renee.lubinski@aurorabaycare.com.

Manitowoc/Two Rivers: Aurora Baycare Hospital: 5000 Memorial Dr., Two Rivers. Call Sheila Hamilton at 920-288-5100 with questions or Sheila.Hamilton@aurora.org. Check in at Hospital Front Desk. ❖

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NUMBERS & EVENTS TO REMEMBER

Meyer Theatre, 494-3401, www.meyertheatre.org
St. Norbert College, 403-3950
www.snc.edu/performing arts/tickets
Fox Valley PAC, 730-3760, www.foxcitiespac.com
Green Bay Visitors & Convention
Bureau, 494-9507, 24/7 494-1111.
Wisconsin Travel Information, 800-373-2737.

Neville Public Museum Exhibits:

Touchdown! Green Bay Packers Hall of Fame, Inc. (6/5/14-2/28/15) Not at Ease: A Veteran Prints Project. (2/8/14-6/1/14)

A Century of Discovery: Creating a Community Legacy. (1/25/14-10/26/14) Village of Bellevue Leisure Services: All are welcome. Bingo; 3rd & 5th Thur. of month; 1-3pm; Community Center; \$0.50 per card.

Movie Matinee; 2nd Thur. of month;

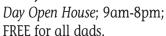
1:00-3:00pm; Free, Community Center. Heritage Hill: 448-5150, Fees: \$7-9; under 3 free; or events prices as listed Heritage Sundays: 6/29, 7/6, 7/20, 7/27. Learn more about your family's history. Music on the Green: 6/9, 7/14, 8/11, 8/25 at 6pm. Civil War Reenactment: Sat & Sun, 6/21-22. The Cougars: FREE Concert: Mon., 6/23. Celebrate the 4th! Fri. 7/4, Meet Uncle Sam, play historic games & music. Sweet Cooking on the Farm: Sat., 7/19. Hops on the Hill Beer & Food Tasting: Thur. 7/24, 6-8:30pm; \$35 or \$40 at the door. Laura Ingalls Wilder Days: 7/12-13; 10am-4:30pm. Limited Edition featuring Randi Fay: FREE

Concert: Mon. 7/28.

Wisconsin's World War One Experience: 8/2-8/3. Gardens Tour: 8/15. Fur Trade Era in Wisconsin: 8/16

Green Bay Botanical Garden:

Fri-Sun May 30-June 1 Annual Garden Fair, \$2-5 advance, \$4-7 at door Sun. June 15 Father's



Wed. June 25 Kid's Day Open House; 9am-8pm; FREE for all kids (0-18). Fri. July 4 Independence Day Open House; 9am-8pm; FREE for Veterans. Thur. Evenings July 26 - 8/21;

Concerts in the Garden; 6-7:30pm; Agnes Schneider Terrace; bring your own chair; General admission pricing.

Hazelwood Historic House:

Admission \$4-adults; \$3.50-Senior Citizens; \$2.50-children (ages 5-17); children under 5 are free. 437-1840. *Museum Tours*; Thursdays thru Sundays, Noon-4pm; June-August; Fri.-Sun. June 6-8; *Petals & Porcelain*; Noon-4pm; \$7/person

Friday, July 4; *Celebrating the 4th at Hazelwood-Heritage Players, "Immigrant Stories"* 1:00 p.m.

Wed. June 18, 6:30pm; "If Tombstones Could Talk" Fort Howard Cemetery Walk, \$6/person \$14/family Tues-Wed., August 5-6; 6:30 p.m. "If Tombstones Could Talk" Allouez Cemetery Walk, \$6/person \$14/family Sat. August 9; "Flower Fairy Tea Party" 12:30-2:30 p.m., \$15.00 adults/ \$5.00 children. Reservations required.

Green Bay Bullfrogs Baseball:

May 27-Aug. 8; Joannes Park; Tickets \$5-\$8. 497-7225.

Downtown Green Bay:

Mondays June 3-Aug. 25 Maestro Mondays, City Deck, 11:30a.m.-1:00p.m., 437-5972

Tuesdays, July 8-29 Live on Main, 5:30-8pm; Whitney Park, 437-5972 Wednesdays, June 4 thru Aug. 27; Dine on the Deck, 11:30-1:30; City Deck; 437-5972.

Wednesdays, June 18-Aug. 13, City Band Concert, 7:30-8:30 p.m., St. James Park, 448-3365

Wednesdays July 9-Aug 27;

Waterboard Warriors, optimal viewing along City Deck or the Westside waterfront area, 6p.m. & 7p.m. shows Thursdays June 5 thru Aug. 28; Summer in the Park Concert, 11:30am-2pm; Whitney Park. 437-5972. Free. Thursdays July 17, 24, 31, Aug 14, 21

Leicht at Night Concerts, Leicht Memorial Park, 5:30-10 p.m., free. Fridays June 27 thru Aug. 15; 6-9pm; Fridays on the Fox, City Deck. 437-5972.

De Pere Events

June 6, 27, July 25, Aug 22, Movies in the Park, 8:30pm, De Pere Community Center, free, 403-0337.

Fri. June 13 and July 18, Bridging the Arts, De Pere. 403-0337.

Tuesdays July 8 thru Aug. 5; *Knights on the Fox,* 6:30-8pm, St. Norbert College; Admission free. 403-4011.

Farmer's Markets:

Saturdays, 6/7-10/25; Green Bay Farmer's Market, 7-Noon; Downtown Green Bay. 448-3030.

Wednesdays, 6/4-10/22; Farmer's Market on Broadway, 3-8pm; Broadway District; 437-2531.

Thursdays, July 10 - Oct. 16, De Pere Farmer's Market, 7-Noon, 144 N. Wisconsin, East De Pere. 338-0000. Thursdays 6 /26 thru 10/9; Oneida Farmer's Market, Noon-6pm; Oneida One Stop-Hwy. 54; 496-7423.

J U N E

Fri. & Sun. May 30 & June 1 Chantelles Singsation Show of 2014, St. Norbert College, Dudley Birder Hall, Fri, 7:30 p.m. & Sun., 2:00 p.m. \$8-12 Sat.-Sun. May 31-June 1 St. Jude/St. Patrick Church Picnic; 1420 Division St., Green Bay

Sun. June 1 St. Matthew Parish Picnic, 11 am-3 pm. 435-6811 June 6-7, 12-14, 19-21 Let Me Be Frank Productions: "Mixed Couples" Golden Bowl, Meyer Theater, 8 p.m. with 1p.m. Matinee June 21; tickets \$29 Sat. June 7 Daniel O'Donnell, Weidner Center, 7 p.m. \$57-87, 494-3401 Sat-Sun. Jun 6-7, Bellevue Lions Picnic, Josten Park; Fri 6-9:30 pm, Sat, 10am-6pm, food, games, entertainment. Sun.-Wed. June 8-11 Woodland Indian Art Show and Market, Radisson Conference Center, 713-8030 **Sun. June 8** *St. Mary of the Angels* Parish Picnic; 10am-5pm; corner of

Cass St. & Irwin Ave. June 10-22 The Drowsy Chaperone, St. Norbert College, Webb Theater; \$29-33



June 11-15; National Railroad Museum "Day Out With Thomas"; 9am-6pm; \$18; Ages 2 and up 437-7623
June 11-22 The Phantom of the Opera, Fox Valley PAC, tickets from \$49+
Fri. June 13 Green Bay Blizzards v.
Bemidji; 7:30pm, Resch Center; Tickets \$8-31. 494-3401.

Sat. June 14 Bellin Run, Bellin Hospital, contact 433-7444 Sat. June 14 2nd Birthday Party Celebration, Children's Museum of Green Bay, 10-5; call 432-4397 **Sun. June 15** *Father's Day at the Zoo,* NEW Zoo, 9a.m.-6p.m.

Thurs. June 19 *Gallery Night*; 5-8 p.m. 12 art galleries, Olde Main District, music, art market, cooking demos, trolley ride included

Fri. June 20 Summer Music Academy Concert 2014, St. Norbert College, Walter Theater, 7:30 p.m.; free. Fri.-Sat. June 20-21 Savour Green Bay; Downtown, 435-5220

Fri-Sat. June 20-21, St. Bernard Summer Blast; call 468-4811.

Sat. June 21 Suamico Firefighter's Picnic, Idlewild Park, 9-11, 655-4126 Wed, June 25, Bellevue Milw. Brewer Trip; 9am-7pm; \$48 includes coach bus & admission, 468-5225 by 6/13. Sat.-Sun. June 28-29 Holy Cross Picnic and Craft Show; Sat., 5-10pm; food, beverages, Sun. 10am Polka Mass, music by Red Clover Band, raffle & auction; 3002 Bay Settlement Road. Sat. June 28 Fly a Kite Fest, Arnie Wolff Sports Complex, De Pere, free admission, 432-8899 ❖

J U L Y

Fri. July 4 Festival Foods Fire Over the Fox; Downtown Green Bay; Free.
Thurs. July 10 Bellevue Great America Trip, 7am-10:30 pm; \$65 includes bus & admission, call 468-5225 by 7/3.
Thurs.-Fri. July 10-11 Annie KIDS, St. Norbert College, Dudley Birder Hall, 12:30 and 3:30 p.m. both days; \$8-10.
Fri. July 11 Alison Arngrim in "Confessions of a Prairie Bitch," Meyer Theatre, 7 pm; Tickets \$20

Sun. July 13 Titletown Bike Tour, Howard YMCA, 8:30am, \$25, 498-2285

Thurs. July 17 The 5
Milers Folk Music Benefit Concert,
Fox Valley PAC, \$16.
July 17-20 Pulaski Polka Days; Pulaski
Polka Grounds; 822-3869.

July 23-Aug. 1 *Guys and Dolls,* St. Norbert College, Walter Theater; Tickets \$29-33

Thurs.-Fri. July 24-25 *Willy Wonka KIDS*, St. Norbert College, Dudley Birder Hall, 12:30 and 3:00 p.m. both days; tickets \$8-10

July 25-26, 31 Aug. 1-2, 7-9, 14-16, 21-23 Let Me Be Frank Productions: Bay Beach Dance Party, Meyer Theater, 8 p.m. with 1p.m. Matinee Aug 23; \$29 Mon. July 28 Bellevue Senior Picnic, Josten Park 4:30-7 pm; \$9, food ❖

A U G U S T

Sat. Aug. 2 Bellevue Kite Fest, 10-2, \$2. kite kits, Willow Creek Park



Sun. Aug. 3 Near Water Concert Series, Meyer Theater, 7p.m., \$15-20 Sun. Aug 4, Bellevue Chili Cook-Off, Josten Park,11-5, music & games. Thurs. Aug. 7 Taste of Broadway,

Broadway District in Downtown Green Bay, 5-11pm; 437-2531. **Thurs.-Fri. Aug 7-8** *Schoolhouse Rock Live!* JR, St. Norbert College, Dudley

Birder Hall, 12:30 & 3:30 p.m., \$8-10 Fri.-Sun. Aug. 8-10 Algoma Shanty Days; Downtown Algoma; Admission button fee; 800-298-4888.

Sun. Aug. 10 Annunciation Church Picnic; 401 Gray St., Green Bay Thurs. Aug. 14 Kids from Wisconsin 2014, St. Norbert College, Dudley Birder Hall, 7:30 pm; tickets \$12-14 Wed.-Sun. Aug. 13-17 Brown County Fair; Brown County Fair; Brown County Fair; 336-7292.

Tues. Aug. 19 *Steely Dan,* Fox Valley PAC, tickets \$75+

Fri-Sun. Aug. 22-24 Artstreet; Downtown Green Bay; free; 435-5220. Fri. Aug. 22 Ron White Nutcracker, Fox Valley PAC, Tickets \$49+ ❖

Proko-Wall has gathered information on as many local events as possible. Proko-Wall is not recommending any particular event and lists them only as a public service.

2014 & BEYOND SATURDAY FARMERS MARKET SITE CHERRY ST. WALNUTST. **NEW** LOCATION Rummele STUARTS LIVE MUSIC & SEATING FREE PARKING ON ALL COMPLIMENTS OF: STREETS ON SATURDAYS

RESTROOMS

BIKE PARKING

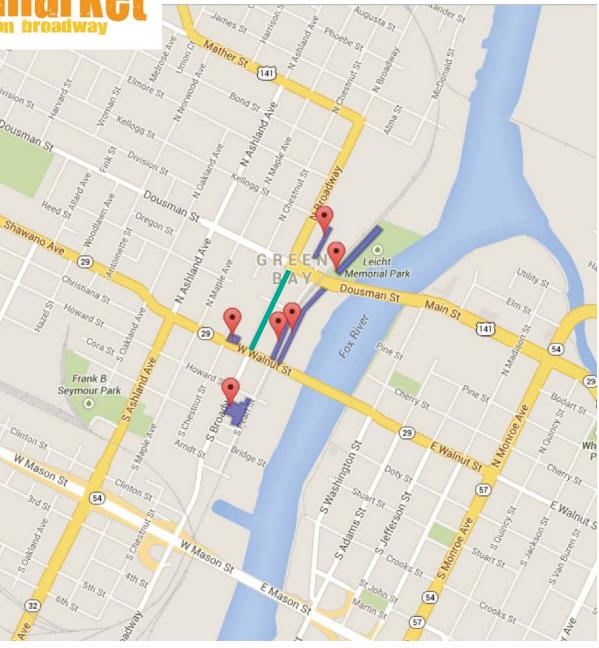
PARKING

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Proko-Wall

2014 WEDNESDAY FARMERS MARKET SITE



PARKING INDICATED IN RED ON MAP

LEICHT PARK

LARSON GREEN

WALNUT AT CHESTNUT LOT

PEARL ST

MUSEUM PL

GREEN BAY SCHOOL DISTRICT

MARKET INDICATED IN GREEN ON MAP,

IS LOCATED ON BROADWAY FROM WALNUT ST TO DOUSMAN ST

COMPLIMENTS OF:

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