

Winter 2014 Vol. 19 Issue 3

"A Traveling Companion on Your Life Journey

My Favorite Facebook Posts By Jeane Smits

Looking at my Facebook page, photos of my friends proudly beaming with their arms around their graduating kids fill my page. Others cradle beloved grandchildren or pose next to their children decked out in tuxedos and mother-of-the bride dresses on the most joyous of days. Having lost my daughter, Julie Sara, at just 38 days old, I was sure that I would never share photos like these.

And after being without a daughter for 31 years, (how is that even possible?) there is a tug of the heart knowing that I will never pose with my daughter for these photos. There was never a first day of kindergarten, never a driving lesson, never a sweet 16 party, never the search for colleges, never scheduling graduation photos or shopping for a wedding dress.

Sometimes that tug on my heart is soft and not too uncomfortable, sometimes it stings, and sometimes it is truly painful. But the pain is not near as strong as it was in the beginning. In the beginning, there was an absolute envy for anyone who had the privilege of ever being able to do those things. In the beginning, the anger I felt seemed to consume me. How dare they be happy when I feel like this. I wanted to take an ax and cut down trees so others could see the manifestation of my pain. I wanted to get rid of all of that energy swirling inside of me. I wanted to stop telling people I was fine and tell them how I really felt. But at the time, my anger and sadness scared even me. If I couldn't handle it how could anyone else? I wanted to just plain stop feeling. So I closed my heart.

And then my sister had children. And I did get to change diapers, and I did get to kiss a boo boo, and I did get to potty train and scare monsters out of closets at bedtime. I received hand drawn pictures of Disney characters to decorate my refrigerator and Christmas ornaments made from macaroni and yarn. I helped girls get ready for dances with boys who made their hearts beat faster and I cried tears of pride when they walked



I didn't feel like a mom, but I could still be an aunt.

off a stage with a diploma tucked tightly in hand. And with each of these experiences, a little bit of my heart opened up. I didn't feel like a mom, but I could still be an aunt.

How scary that was to open my heart back up and let them in. Even just a little bit. For if I opened it back up, it could get broken again. And it was so fragile. It wasn't like the Grinch, it didn't get big all at once. It didn't grow three sizes in a day and all was well. It opened up like a rose blooms, a little at a time. Well, slower than that, like a rose bush weathers the winter, sprouts new life, searches for the sun and then puts forth a delicate bloom. But it bloomed and was well worth the wait.

I received a taste of that which had been taken. No, not just a taste, it was delicious mouthfuls, loads of delectable experiences that no one can take away. And while at times it has been bittersweet, (in the beginning downright bitter some days), it is now much more sweet. While they will never be my daughter, they will always be my nieces. But they have given me memories that can never be taken. I will always have the memory of the smell of baby breath on my neck (and spit up on my shoulder). I will always have the memory of eves opening wide Christmas morning when they see that Santa has eaten their cookies. I will always have the memory of picking out school clothes and sitting through soccer games and school concerts. I will always have the Senior Night program where my

niece thanked me for supporting her during her high school athletic career.

And while I still struggle with the question "Am I a mother if I don't have a daughter?", and probably will until the day I die, I find comfort knowing that I am an awesome aunt. And I post pictures of myself with my nieces on my Facebook page as they go through their milestones with pride. And I wonder what Julie Sara thinks of her cousins. And I feel genuine joy for my friends as they mark their own milestones. And some days I get a little jealous. Some days I feel cheated. And that's ok too.

Are some days still hard? Yes. Are they all? No, not even close. And on my worst days in the beginning, just knowing that all days would not be hard would have been enough. But to think I would experience joy again. It didn't even seem to be possible. So when you look at my Facebook page, you will find the smile I lost 31 years ago. In some pictures, it's right next to my nieces. \diamondsuit

Jeane Smits is a Licensed Funeral Director for over 25 years and an integral member of the Proko-Wall team.

PROKO-WALL Funeral Home publishes TOMORROW[®] as a service to the families who trust us in the hours of their greatest need. TOMORROW will be sent to all of our families for one year following their loss. It is designed to provide our families with an understanding of their yesterdays, support for their todays, and a promise of hope for their tomorrows.

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Holidays of Sadness

By Brigitte Synesael

When you have lost someone very dear to you, the most difficult obstacle to cross is getting through the holidays. Surviving the days where everyone around you is celebrating and spreading good cheer, while your mind is filled with memories and your heart is heavy with loneliness. It's difficult just making it through what used to be the happiest days that were once shared with a soul mate, and today carries only emptiness. The greatest challenge is to remain in the company of others who love you, when you really want to be alone with your sadness.

It makes no difference whether the loss took place last week, several months ago, or even last year. The holidays always send those deep emotions flooding right to the surface.

Just as how you deal with grief is personal and individual, so is the way you handle the holidays. Remember to be true to yourself, and don't take on too much responsibility. Let people know that your plans may be subject to change, and you can't make long term commitments just yet. Be honest with yourself and with your friends and family about how you're feeling.

Some people find it best to start new traditions, because the past ones hold memories too difficult to deal with. Talk with your family about setting expectations. Plan together any modifications you will all make to the "normal" holiday festivities. You may want to have a church service dedicated to the memory of your loved one. Or make an annual donation in his/her name. Perhaps join the Hospice Tree Lighting ceremony. Bring joy to another child by purchasing a special toy for the Angel Tree in memory of your child.

It's a great idea, for both you and your family, for you to write a letter to them asking for their understanding. There is a terrific example of this at the following Web Site: www.geocities.com/Heartland/Woods/ 4671/holidays.html.

Be honest about how you're feeling, but when ever possible, try to include a positive twist into your thoughts.

INSTEAD OF: "I miss my beloved so much, there is no Christmas without him/her."

TRY: "I do miss my beloved. Christmas will be different this year, but I will try to enjoy it." **INSTEAD OF**: "I *HATE* this time of year. I can't wait until it's over."

TRY: "This is a difficult time of year for me. But it does give me an opportunity to become closer to my family and friends."

Some people heal best by helping others. Try volunteering at an organization who help people with a greater need than yours. i.e. A soup kitchen, a homeless shelter, etc. Often the best therapy is helping others. Charity work gives you a tremendous feeling of fulfillment and renewed sense of purpose.

Above all else, give yourself permission to enjoy yourself, to laugh, and to find peace. Your life will never be the same, but it

How Do the Changes of Autumn Change You?

By Lisa Irish

I find I am falling under the yearly spell of falling leaves. Do you know what I mean?

Do you feel a shift as summer turns to fall? We are, indeed, part of creation and, if we wish, can tune into the seasons and let them teach us. Year after year, autumn arrives and reminds us of "letting go" as the leaves change color and tumble down. Unfortunately, it's far easier to say "letting go", than actually do it. In fact, I find the leaf imagery a little misleading. I mean, they've been around for only a year! And the leaf is holding onto the tree by such a little stem! What about feelings we've held onto for a decade? Or longer? What about the fears that have become part of our identity or the way we look at the world? How do we move beyond such fundamental places inside of ourselves, even if they've become self-rejecting beliefs or outright lies?

Lately, I've been paying attention to pieces of bark I've found on the ground. A tree sheds its bark because it's literally growing out of its skin. For me, this is a more apt image of the difficult transitions in life....as we evolve, our old layers of protection are no longer needed. We "shed" attitudes, behaviors or beliefs and sometimes are left with an open place, almost a wound, as new bark or new wisdom grows back in its place.

My pondering has reminded me of a story from long ago. Do you remember "The Velveteen Rabbit" by Margery Williams? will go on, and it can still be good. I want you to close your eyes for just a moment. Bring into the room with you the clearest image of the person that you have lost. Now say "I love you and I miss you. You will always be in my heart. I need to know... is it okay for me to be happy again?"

Now, imagine the answer that you receive. If you remember your loved one in their true light, I'm confident the answer will be YES. Find peace over the holidays, and be good to you. \diamond

Brigitte Synesael is recognized as an authority on Alternative Medicine Information REPRINTED WITH PERMISSION OF BEREAVEMENT ARTICLES AND POEMS.COM

She tells the tale of a little boy's toy and its desire to be loved. When the soft velveteen rabbit feels displaced by the newer, more exciting toys, he turns to the wisest toy in the nursery, the Skin Horse, who explains that love from the boy is indeed a great gift. Love, he tells the rabbit, is how you become Real. The idea of becoming Real captures the rabbit's imagination and he asks more questions:

'Does it happen all at once, like being wound up,' he asked, 'or bit by bit?' 'It doesn't happen all at once,' said the Skin Horse. 'You become. It takes a long time. That's why it doesn't happen often to people who break easily, or have sharp edges, or who have to be carefully kept. Generally, by the time you are Real, most of your hair has been loved off, and your eyes drop out and you get loose in the joints and very shabby. But these things don't matter at all, because once you are Real you can't be ugly, except to people who don't understand.'

Love is how you become Real. Love softens hard edges, eases fears, and transforms hurting hearts. A friend of mine says, "It's an inside job," because when we welcome Love into ourselves the transformation can occur. As created beings, we too are invited to grow from within and shed the layers that no longer fit.

Our journey toward Realness isn't easy and may never be complete, but it is always sacred. It cannot be simplified by a phrase, instead it is loved into, trusted. Love is both the path and the sustenance for such a journey. Blessings on your time of shedding. \diamondsuit

Lisa Irish is a Chaplain in a New Haven hospital, providing support during times of crisis, end-of-life and for those who are grieving. www.lisairish.com

S U P P O R T

NEW HELPGUIDE.ORG

Web site offering tools and advice for stress relief. Click on the *Grief & Loss* link on left.

THE COMPASSIONATE FRIENDS

For parents and grandparents grieving the loss of a child.

<u>Green Bay</u> - Meetings 3rd Thursday of month at 7pm at First United Methodist Church, 501 Howe St. 7:00 pm, 370-3858, www.TCFGreenBay.org

THE CARE COMMUNITY

In-Sight Books, Inc. web site for Grief's Safe Place. Visit <u>thecarecommunity.com</u> for for those who have experienced a loss.

SHARE

For parents who've lost a baby through miscarriage, still birth or early death. <u>Christmas Service</u>: Chapel and St. Vincent Hospital, 7 p.m. 12/7. Parents may bring an ornament to place on the Christmas tree and bring a gift for a needy family in memory of their baby. <u>Monthly Meetings</u>: McKenna Library, Room 2838 at St. Vincent at 7 p.m. Upcoming sessions: 12/11, 1/8, 2/12. 433-8634

S.O.S. (SURVIVORS OF SUICIDE) For family and friends to cope with the loss of a loved one due to suicide. Meetings 7-8:45 p.m., Bellin Executive Bldg., 2020 S. Webster; special Christmas Social 12/8, 6:00 pm. Bring a dish and picture of your loved one. Call Mary Doemel, 339-8952 for 2015 schedule.

DE PERE COMMUNITY CENTER Grief support groups will be held the 2nd Monday of every month at the De Pere Community Center at 600 Grant St. De Pere, WI 54115. \diamond

BOOK REVIEW Letters to My Son: Turning Loss to Legacy by Mitch Carmody

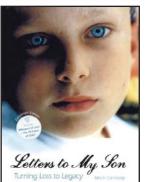
Review by Molly Nicholson

For parents, the most unfathomable event is the death of a child. When a child is dying from a long-term illness, how can parents cope with the impending death while balancing hope and anticipatory grief? If an illness does take the life of a child, how are parents able to obtain any type of normalcy again? The answers to these questions are as

individualized as the person who asks them. Mitch Carmody chronicles his individual journey of losing his nine year old son, Kelly, in his book *Letters to My Son: Turning Loss to Legacy.*

Carmody is clearly an extremely spiritual man who isn't confined by his traditional Catholic roots.

The beginning of this novel describes the time between Kelly's diagnosis and his ultimate passing. In between are medical treatments, holistic healings, miraculous days, and tragic days. All are told in beautiful prose that whisks you along this incredible and heart breaking journey. Carmody is clearly an extremely spiritual man who isn't confined by his traditional Catholic roots. He routinely explores the idea of the dead making positive contact with those left behind; he calls this contact "whispers of love."



The second part of the novel is the publication of the seven letters Carmody wrote to Kelly after Kelly's death in 1987. The letters are a creative outlet that Carmody utilizes to process his emotions. Each letter has an afterword analyzing his emotions and detailing why it was important for him to pen those feelings. Interspersed between the letters

are poetry and artwork by Carmody, who obviously finds peace through numerous creative mediums.

This inspiring novel contains helpful passage after helpful passage. Carmody stresses that grief is always individualized and debunks some of the most pervasive myths about grief. He not only gives permission to grieve in anyway helpful, he offers his own fluid model of grief without placing mourners into categories or giving them steps to follow. Carmody uses his harrowing experience as a starting point for a meaningful life full of miraculous gifts to others. \diamondsuit

Reviewed by Molly Nicholson, a graduate of the University of Minnesota Program of Mortuary Science and is a funeral director apprentice at Proko-Wall Funeral Home



D I N N E R F O R O N E Stuffed Pepper

INGREDIENTS:

- 1/4 lb ground turkey
- 1/4 cup cooked brown rice
- Italian seasoning to taste
- 1/2 cup marinara sauce
- Green or red pepper
- 1/4 cup shredded mozzarella cheese
- Cook rice according to package directions.
- Mix together ground turkey, cooked brown rice, Italian seasoning and marinara sauce.
- Stuff mixture into a hollowed-out pepper.
- Top the pepper with more marinara sauce and shredded mozzarella cheese.
- Bake in the oven at 350°F until the cheese is melted and filling is heated through.
- Serve with some crusty bread. \diamond

GRIEF SUPPORT GROUPS

"Shared tears and laughter are healing; trying to help others is a potent pain reliever."

-Erin Diehl, who lost her husband of 43 years to cancer.

GRIEF SHARE PROGRAM

Held at Pilgrim Lutheran Church, 1731 St. Agnes Dr. Videos and discussions to find comfort and healing from grieving the death of someone close. Meets 6:30-8:30 p.m. on 12/1, 12/8, 12/15, 1/5, 1/12, 1/19. For more info call 965-2233.

LIVING WITH LOSS

Asera Care Hospice Support Group: 1294 Lombardi Ave., Green Bay, call Mandy for schedule, 497-4672.

Heartland Hospice Support Group:

5 week sessions throughout the year in Green Bay, Shawano, and Peshtigo. For more info on dates and locations, and to register, call bereavement coordinators, 336-6455.

AURORA GRIEF CARE

Green Bay: For adults; four-week session; Wednesdays from 1-2 p.m., Aurora Baycare Hospital Chapel, 2845 Greenbrier Rd. Call for schedule, 288-3094 or email renee.lubinski@aurorabaycare.com Manitowoc/Two Rivers: Aurora Baycare Hospital: 5000 Memorial Dr., Two Rivers. Call Sheila Hamilton at 920-288-5100 with questions or Sheila.Hamilton@ aurora.org. Check in at Hospital front desk.

NAVGATING THE WATERS OF GRIEF

Unity Hospice's Adult Bereavement Support Green Bay Area: Unity Office, 2366 Oak Ridge Cr., De Pere, call 338-1111 to register Grief Connection: ongoing grief support group for adults that meets the 3rd Thursday of every month from 6 to 7:30, call 338-1111 for schedule Generations: Hope for Grieving Families: Designed to help the whole family, adults, children, and teens. Support group meetings meet the 2nd Thursday of every month from 5:30-7:30 p.m. in De Pere, 2366 Oak Ridge Cir., call 338-1111 for 2015 schedule Women's Luncheon: monthly on 3rd Wednesday from 12-1:30 p.m. at a local restaurant for conversation & support. Call 338-1111 for location. Lunch is purchased off the menu

PULASKI GRIEF SUPPORT

Open to all faiths and all ages. 3rd Wednesday of month at 6:30 p.m. at Assumption B.V.M. in the church basement in St. Clare Room. Enter at the southwest door. No registration required, 822-3223.

LIVING WITH LOSS

Appleton- Affinity Visiting Nurses Hospice: meetings every 1st Tuesday at 2:30 p.m. at Thompson Community Center, 820 W. College Ave **Men Journeying through Grief**: For men only. Meetings every 1st Wed. at 6-8 p.m. at 816 W. Winneconne Ave., Neenah. Pre-registration is not required, but appreciated for planning purposes **Peace through Grief**: Looking at the many pieces of life that are affected by a loss; 6-week informational and support program looking at the emotional, physical, spiritual and social aspects of the grief experience. Pre-registration required. Call 727-2000 or 1-866-236-8500 for any of the above programs.

LAKESHORE GRIEF SUPPORT PROGRAMS

All sessions are free and registration is not required. For more information please call Robb Spaulding at 320-4232

Monday 12/1, 1/5, 2/2, 6-7:30 p.m. Manitowoc County Office Complex, 4319 Expo Dr; Manitowoc, WI 54220

Saturday 12/13, 12/27, 1/10, 1/24, 2/14, 2/26, 10-11:30 a.m.; Aurora Medical Center Michigan Conference Room; 5000 Memorial Dr., Two Rivers Wings of Hope helps families as they grieve the loss of a baby through miscarriage, stillbirth, ectopic pregnancy, or SIDS. Contact Jenny Weier, Grief Facilitator 920-242-1153

Wednesday 12/10, 1/14, 2/11, 7-8:30 p.m. S.O.S. (Survivors of Suicide) Aurora Medical Center in the Superior Conference Room; Two Rivers. For more information contact Rhonda 920-901-0779 or St. Peter the Fisherman 920-793-4531.

ECUMENICAL GRIEF SUPPORT HEALING YOUR GRIEVING HEART

Ecumenical grief support sponsored by Resurrection and St. Matthew parishes. Sessions 2/19, 2/26, 3/12, 3/19, 3/26 from 6:30-8 p.m. at Resurrection. Parish contacts: Sheila DeLuca, 336-7768, or Ann Froelich, 435-6811.

JOURNEY THROUGH GRIEF

For all those who have suffered the death of a loved one, offered by St. Bernard Church. To register, call Sr. Caroline Castellini, OP, 468-4811 ext. 103, no fee.

LIFE AFTER LOSS

Meetings are held at Golden Living Center-Village Gardens, 1st Floor Conference Room, 1640 Shawano Ave., Green Bay, on the 4th Monday of every month from 3-4 p.m. on 12/22, 1/26, 2/23. For more info, call 866-268-3203

HEALING TOGETHER SUPPORT GROUP HOSPICE ADVANTAGE

Meets the 4th Tuesday of every month at the Green Bay Harmony Café, 1660 W. Mason St., from 4-6 p.m. Call Pam Sengstock at 321-2004 for more information.

CIRCLES OF FAITH GRIEF SUPPORT Grief support meeting at St. James Parish, Cooperstown on 1/18 from 6 to 8 p.m. Contact Tom Bekkers at 660-8066.

NEW HOPE GRIEF GROUP

Grief Support meetings on Tuesdays, from 1:30-3:00 p.m. in room 105 at Annunciation Church, 1087 Kellogg St., Sessions: 1/20, 1/27, 2/3, 2/10, 2/17. Register by calling Quad parish at 496-2160

UNDERSTANDING GRIEF

One time overview of grief. Please call Unity office for exact location of event and 2015 schedule, call 338-1111. \diamondsuit



ΚΕΤURN SERVICE REQUESTED

FUNERAL HOME AND CREMATORY FUNERAL HOME AND CREMATORY 1630 E. Mason St. • Green Bay, WI 54302



NUMBERS & EVENTS TO REMEMBER

Meyer Theatre, 494-3401, www.meyertheatre.org St. Norbert College, 403-3950 www.snc.edu/performing arts/tickets Fox Valley PAC, 730-3760, www.foxcitiespac.com Green Bay Visitors & Convention Bureau, 494-9507, 24-hour 494-1111. Wisconsin Travel Information, 800-373-2737.

Neville Public Museum Exhibits: Holiday Memories: Downtown Green Bay featuring Prange's, through Jan. 4; Art Colony: 100th Anniversary, Jan. 17-Mar.

1; Wisconsin History Tour, Feb 1-Feb. 28 Safe Harbor: Lighthouses of Green Bay, through Jan. 9; Touchdown! Green Bay Packers Hall of Fame, through Feb. 28; The Port of Green Bay, March, 2014 through March, 2020 <u>Salvation Army</u>: Social Group Women's, Tuesdays at 6 pm; Men's, Tuesdays at 6 pm, 626 Union Ct.

National Railroad Museum; Festival of Trees; Nov. 24, 2014-Jan. 4, 2015



Village of Bellevue Leisure Services: All are welcome. Call 468-5225. Book Club 3rd Tues. of mo.; 2:30pm; Jitter Bean Café, Monroe Road. Bingo; 3rd Thur. of month; 1-3pm; Community Center; \$.50 per card. Movie Matinee; 2nd Thur. of month; 1:30-3:30pm; Bellevue Community Center, 1811 Allouez Ave.; \$1.00 New Leaf Winter Farmers Market; KI Convention Center, downtown Green Bay; 8 am-Noon. Dec. 20; Jan. 10, 24, 31; Feb. 7.

DECEMBER

Fridays and Saturdays starting Dec. 5 till Dec. 30 WPS Garden of Liaht:

WPS Garden of Lights; Botanical Gardens: \$5-\$13; 5 pm - 9 pm. Call 490-9457 Sat.-Sun. Dec. 13-14, & 20-21 A Hazelwood Holiday; Noon - 4 pm, Hazelwood Historic House; \$2.50-\$4.00; Call 437-1840 Dec. 1-5 A Frank's Christmas; 8pm, Meyer Theatre, \$32. Call 494-3401. Wed. Dec. 3 Simply Christmas Potluck for St. Mary of the Angels Parish, 6 p.m. in St. Thomas More School aym Wed. Dec. 3 Jazz at Lincoln Center Orchestra with Wynton Marsalis, Weidner Center, 7:30 p.m., \$40-\$95. Fri. Dec. 5 Holiday Gala; Riverside Ballroom from 4-8:30 p.m., register at 432-5518, \$13 Fri.-Sat. Dec. 5-6 Holiday Victorian Tea, Hazelwood House, reservation required 437-1840, \$20 Dec. 5-13 A Mostly Minnesota Christmas, St. Norbert College Webb Theatre,7:30 p.m., \$12-\$17 Sat.-Sun. Dec. 6-7 The Nutcracker, Fox Valley PAC, 7:30 and 1 p.m., \$20-\$40 Sat.-Sun. Dec. 6-7 Downtown De Pere Holiday Open House, Downtown De Pere, 11 a.m.-6 p.m., Call 403-0337 Wed.-Sat. Dec. 10-13, 2014 Daddy D Christmas; 6:30pm, Riverside Ballroom; \$30-\$49. Call 544-4244 Thurs. Dec. 11 Little Big Town, Resch Center, 7:30 p.m., \$35-\$55 Thurs. Dec. 11 Santa in the Park, Josten Park, ages 2-8, 6-7:30 p.m., free Fri. Dec. 12 Monthly Fish Fry; Our Saviour Lutheran Church; 5-6:30pm; \$6-\$15. Call 468-4065 for carryouts.

Fri. Dec. 12 Toby Mac with Matt Maher & special gust Ryan Stevenson, Fox Valley PAC, 7 p.m., starting at \$23.50 Fri.-Sat. Dec. 12-13 Holiday-Fest at the NEW Zoo; 5-8pm. Call 434-7841. Fri.-Sun. Dec. 12-14 Green Bay Nutcracker Ballet, Meyer Theatre, 7 p.m., \$15-\$35

Sat. Dec. 13 & 20 The Spirit of Christmas Past, Heritage Hill State Historical Park, 12-6 p.m., \$1 off admission with donated canned food Mon. Dec. 15 & Feb. 16 Allouez Village Band Concerts, 7 p.m., free admission

Mon. Dec. 15 Sister Act, Weidner Center, 7:30 p.m., \$35-\$68 Wed. Dec. 17 Live



Nativity (Outside); 5:30pm, 6pm, 6:30pm with Soup Supper 5-7 pm; Our Saviour Lutheran Church. 468-4065 Wed,-Sat. Dec. 17-20 2014 Daddy D Christmas; 6:30 pm, Stadium View ; \$30-49. Call 544-4244 Fri. Dec. 19 Green Bay Symphony Orchestra Holiday Pops Concert, Weidner Center, 6:30 p.m., \$14-49 Sat. Dec. 20 Christmas and Candlelight, Hazelwood House, 5:30-8 p.m. Call 437-1840

Sat. Dec. 20 *The Spirit of Christmas Past*, Heritage Hill, 12-6 p.m. Call 448-5150

Sun. Dec. 21 The Oak Ridge Boys Hits & Christmas Show, Weidner Center, 3 p.m., \$39-\$61.50

Mon. Dec. 22 Lorie Line-25th Anniversary Christmas Special, Fox Valley PAC, 7:30 p.m., \$49 Sat. Dec. 27 Jim Brickman on a Winter's Night, Weidner Center, 7:30 p.m., \$43.75-\$82.50 Tues. Dec. 30 Harlem Globetrotters,

Resch Center, 7 p.m., \$22-\$119

CALENDAR OF EVENTS

"Time, they say, heals all wounds... But time works its magic only when it's used well." — Carol Luebering

Wed. Dec. 31 A Frank's New Years Eve, Meyer Theatre, 9 p.m., \$45-single, \$80-couple

Wed. Dec. 31 *Kids' Rockin' Eve,* Children's Museum of Green Bay, 10 a.m.-2 p.m. Call 432-4397 *****

JANUARY

Fri. Jan. 2 Trans-Siberian Orchestra, Resch Center, \$32-\$72. Call 494-3401



Fri.-Sun. Jan. 2-4 King of Titletown, Meyer Theatre, \$20/night or \$50/3 show package. Call 494-3401 Sat. Jan. 3 Let Me Be Frank Legends Show, Meyer Theatre, 1 p.m., \$20 Fri. Jan 9 Monthly Fish Fry; Our Saviour Lutheran Church; Serving 5-6:30pm; \$6 - \$15. Call 468-4065 before 4:15 for carryouts. Sat. Jan. 10 Green Bay Symphony Orchestra Evening of Brass and Organ, Weidner Center, 7:30 p.m., \$14-\$49 Sat. Jan. 10 Einstein Science Expo, Shopko Hall, 9 a.m.-4 p.m., \$2-\$5 Thurs. Jan. 15 I Love Lucy-Live Onstage, Weidner Center, 7:30 p.m., \$38.50-\$60.50

Thurs.-Sun. Jan. 15-18 All-Canada Show, Radisson Hotel & Conference Center, \$8-\$10. Call 362-0966 Thurs.-Sun. Jan. 15-18 Joseph and the Amazing Technicolor Dreamcoat, Dudley Birder Hall, \$13. Call 403-3950 Fri. Jan. 16 Steven Wright, Meyer Theatre, 8 p.m. \$40-\$45 Fri. Jan. 16 Frank Caliendo, Fox Valley PAC, 8 p.m., \$28.50 Sat. Jan. 17 Stayin' Alive-A Bee Gees Tribute, Fox Valley PAC, 7:30 p.m., starting at \$29.50 Sat. Jan. 17 Doctors in Recital, Weidner Center, 7 p.m., \$20 Sat. Jan. 17 Cher, Resch Center, 8 p.m., \$22-\$162

Thurs.-Sun. Jan. 22-25 WBAY RV & Camping Show, Brown County Arena & Shopko Hall, \$8-\$15 plus parking. Call 405-1199

Fri. Jan. 23 Firefall/Pure Prairie League, Meyer Theatre, 8 p.m., \$35-\$40 Tues. Jan. 27 STOMP, Weidner Center, 7:30 p.m., \$35-\$68 Jan 27-Feb 1 Once, Fox Valley PAC,

Jan 27-Feb 1 Once, Fox Valley FAC, curtain time varies, starting at \$43 Jan. 29-Feb. 1 Into the Woods, St. Norbert College-Webb Theatre, \$14, 403-3950

Fri. 1/30, 2/13, 2/27 Soup with Substance, Green Bay Botanical Garden, 5:30-8 p.m. Call 490-9457 Sat. Jan. 31 Everybody's Rummage Sale, Shopko, 8 a.m.-2p.m. 405-1134

Sat. Jan. 31 The Very Hungry Caterpillar & Other Eric Carle Favorites, Weidner Center, 11 a.m., \$15



Sat. Jan. 31 Winterfest on Broadway, Broadway District, ice carving, ice throne, dog pull, hayride, 11 a.m.-8 p.m. Call 437-2531 ❖

FEBRUA<u>RY</u>

Sat. Feb. 7 Fox Valley Symphony Orchestra Symphonic Romance, Fox Valley PAC, 7:30 p.m. Sat. Feb. 7 Eco Expo, Shopko Hall, 9 a.m.-4 p.m. Call 494-3401 Sat. Feb. 7 Winter Family Festival, Green Bay Botanical Garden, 10 a.m.-2 p.m. Call 490-9457 Mon. Feb. 9 John Mellencamp, Weidner Center, 7:30 p.m., \$39.50-\$251 Tues. Feb. 10 Ballroom with a Twist, Fox Valley PAC, 7:30 p.m., from \$29 Thurs. Feb. 12 Dave Mason's Traffic Jam, Weidner Center, 7:30 p.m., \$37-\$48 Thurs. Feb. 12 Disney's On Ice presents

Treasure Trove, Resch Center, \$20-\$66. Call 494-3401

Fri. Feb. 13 Alton Brown Live; The Edible Inevitable Tour, Weidner Center, 7:30 p.m., \$49-\$135 Fri. Feb. 13 Monthly Fish Fry; Our Saviour Lutheran Church; Serving 5-6:30pm; \$6 - \$15. Call 468-4065 before 4:15 for carryouts. Feb. 13-21 Inherit the Wind. St. Norbert Webb Theatre, 7:30 p.m., \$12-\$17 Thurs.-Fri. Feb 12-13 Earl Klugh and Nenna Freelon: An Intimate Evening, Fox Valley PAC, 7:30 p.m., from \$35 Sat. Feb. 14 Green Bay Symphony Orchestra All You Need is Love, Weidner Center, 7:30 p.m., \$14-\$49 Tues. Feb. 17 Mardi Gras Potluck for St. *Mary of the Angels Parish*, Fox Valley PAC, 6 p.m. in St. Thomas More Wed.-Fri. Feb. 18-20 A Funny Thing Happened on The Way to The Forum, Riverside Ballroom, 5:30 p.m., \$30-

\$49, Call 544-4244 Thurs. Feb. 19 WBAY Boat Show & Waterfront Lifestyle Expo, Brown



County Arena/Shopko Hall. 405-1199 Sat. Feb. 21 It Gets Better, Fox Valley PAC, 7:30 p.m., price to be determined Sat. Feb. 21 Civic Symphony of Green Bay Concert, Meyer Theatre, 7:30 p.m. Call 432-4676 for more info Sat. Feb. 21 Sid the Science Kid, Weidner Center, 11 a.m., \$25-\$35 Sun. Feb. 22 Bela Fleck & Abigail Washburn American First-Couple of the Banjo, Weidner Center, 7:30 p.m., \$37.50-\$48

Wed. Feb. 25 Over the Rainbow Hilary Kole tribute to Judy Garland, Weidner Center, 7:30 p.m., \$38.50 Feb. 27- Mar. 1 Mamma Mia!, Fox Valley PAC, various times, from \$43 \$

Proko-Wall has gathered information on as many local events as possible. Proko-Wall is not recommending any particular event and lists them only as a public service.