Summer 2016 Vol. 21 Issue 1

"A Traveling Companion on Your Life Journey

## Hanging On After a Sudden Death by Deborah Young

Young bride. Young mother. Young grandmother. Then what I never anticipated-young widow. In October of 2012 my husband, Willie, died in his sleep, taking with him all our hopes, dreams, and plans for the future.

When first becoming a widow, I had been kept busy making funeral arrangements. This territory had all been new to me, but Jeane Smits at Proko-Wall had been a patient and caring guide. Family and friends dropped off food, called, and sent cards, but they soon returned to their own lives.

The sun continued to rise and set each day. My world had ended and no one seemed to realize that. It took all my effort to get out of bed. I listened to the clock ticking, but time seemed inconsequential. As I stared at a collage of Willie's photos that I had leaned against the mirror, I wiped tears from my eyes.

I shared stories about my husband with others-over and over. I clutched Willie's things, looking for life in the inanimate. I envied wives caring for their husbands with long term illnesses. The toll the suffering took on them was evident, but it did not matter. They could say good-bye and I felt jealous.

Recovery from grief is not easy and I continued to struggle to survive. I relied on my faith. "Lord, you have taken my Sweetie home, and I am happy for him. His pain is gone, but mine . . . "Tears continued to trickle and I dabbed at them again, "Lord, he was my strength. What am I suppose to do now?"

The Lord reminded me of the gifts He had blessed me with and instructed me to use them. I started writing the story of a journey I never wanted to take. I recalled how many times I had told widows and widowers, "I'm sorry." Hollow words now that I crossed that road.

I sought relief in written words. I read books on grief. Books where the author had been several years from the death caused me



# My grief proved to be a roller coaster ride of emotions.

Image courtesy of Rawich at FreeDigitalPhotos.net

to fear I'd be stuck-forever. I read books on grief and questioned how the information presented would help me. Many books I read on grief lacked feeling-and my grief proved to be a roller coaster ride of emotions.

The more I read, the more I wrote of my own journey. The process became therapeutic, bringing to light the healing taking place. When I felt discouraged, I read what I had written and it suddenly hit me, this book was not meant just for me. Others could learn from my story and find hope.

In addition to family and friends, God placed other people in my life to help me heal. An unknown woman at a friend's birthday party who shared the "crazy" behaviors of her newly widowed daughter, a stranger in a doctor's office who had lost her husband sat next to me when the entire waiting room had been unoccupied, and a hug coming from someone I did not know at church-all played a role in my healing.

The book's title, Hanging On: A Painful Pilgrimage, was inspired by a Proko-Wall sponsored visit to the National Railroad Museum on the first anniversary of Willie's death. As I stood next to one of the train cars, a scarecrow hanging from its side, I told my daughter, "That's how I feel. Like I am just hanging on." She responded, "Mom, that's the name of your book." God provides.

My book is not meant just for people who are grieving, but those who want a better understanding of how complicated the grieving process is. It is more than going through five stages; it is hitting a stage, bouncing to another, or bouncing off the same one over and over like a pinball, minus the clacks and dings.

I invite readers to join me on the roller coaster ride, to experience the journey from a widow's perspective. I want readers to accompany me on the lows where I am certain life won't go on and on the highs, where God says, "Yes, it will. I am still here."

In the end, grievers will see, they can survive and God will use all experiences for His glory. And when someone relates to my readers that someone they love has died, they'll say, "I'm sorry" and the words will be anything but hollow. •

Deborah Young is a member of Our Saviour Lutheran Church and a founding member of their Christian Writers Group. She is a physical therapist assistant and mother to two

daughters, a son, and cat, Tootsie.

HANGING
ON
A MINUTE MICHINATE
DEBORAH YOUNG

Pre-order a copy of the book at Amazon.com by searching "Hanging On Deborah Young"

PROKO-WALL Funeral Home publishes TOMORROW<sup>TM</sup> as a service to the families who trust us in the hours of their greatest need. TOMORROW will be sent to all of our families for one year following their loss. It is designed to provide our families with an understanding of their yesterdays, support for their todays, and a promise of hope for their tomorrows.

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by Robert Walczyk, Jr. Licensed Funeral Director

## Pre-Planning Produces Peace of Mind

We know intuitively that planning reduces stress and produces peace of mind.
Therefore, many of us spend our lives attempting to control the impact of

future events. For example, we obtain homeowners insurance to protect the investment we have made in our home and we purchase auto insurance to minimize the inconveniences brought on by an accident. We initiate savings plans for our children's education and for our own retirement to reduce the uncertainty and fear inherent in our concerns for the future. Funeral prearrangement successfully reduces stress and produces peace of mind for an event we know will happen. Pre-arrangement helps us, and our survivors, handle the stress naturally related to the loss of a loved one.

What is funeral pre-arrangement? Simply stated, it is planning for a funeral far in advance of the need. During a prearrangement, we will talk about funeral preferences, focus on your family's needs, create a customized funeral plan that best celebrates your life and your values, and discuss your funding options. Pre-planning is a gift to loved ones, enabling them to focus on honoring your life and your wishes, at the same time, meeting the needs of those you are closest to. Pre-planning can also help avoid the emotional overspending that may occur at a time of crisis, allowing your family to treasure their memories while celebrating a life well-lived.

Pre-planning allows our loved ones to focus on ceremony. In the words of Dr. Earl A. Grollman, a recognized expert in grief, "When words are inadequate, we need ceremony. Because death ends a life-the death never ends a relationship, and customs and ceremonies and rituals help us to get in touch with the past, because as children of today and tomorrow, we're also children of yesterday, the past still travels with us from afar, and what it has been make us what we are." You can help create a service that will begin the healing process for your loved ones.

In the past, funerals were pre-paid or pre-arranged only when the deceased and or the family would be receiving financial benefits from the state. The funeral profession, in response to a growing desire by people to plan for their family's funeral needs, has made pre-arrangement an integral part of daily operations.

It is important to note than prearrangement is not synonymous with prepayment. Sometimes it may be as simple as deciding which funeral home to employ and then providing them with all the information needed to conduct the funeral. The funeral home would then file the information so that when the funeral is needed, the family could concentrate more on the grief journey than on the who, what, where and how of the service.

Pre-planning is a gift to loved ones, enabling them to focus

on honoring your life and your wishes, at the same time, meeting the needs of those you are closest to.

Though pre-arrangement does not necessarily involve pre-payment, many individuals and families choose to go one step further, and choose the option to also prefund. By far, the most popular method that families utilize to prefund is through an irrevocable funeral insurance trust. It allows the family or individual to deposit the entire funeral amount into a single policy, using the benefit at time of death to pay the funeral bill. Irrevocable funeral insurance trust payments can be made in a single payment, or payment plans of 3 years, 5 years, 7 years or 10 years. These payments can be made annually, semi-annually, quarterly or monthly. Because we use a

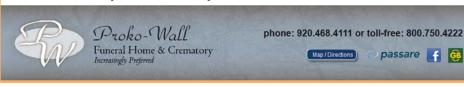
specially designed insurance product, the cost of your funeral may be completely covered even while you are making payments. These insurance policies are safe harbors for funeral funds. They cannot be accessed until time of death, are not considered an asset for Medicaid, and are completely transferable should you ever move.

More and more people of all ages are guaranteeing peace of mind by prearranging their funerals. At Proko-Wall Funeral Home, this service is free. It doesn't take much time, and can be done in the comfort of your own home or at the funeral home. Our staff will help you to design a celebration of life that meets your needs. Honor your life and the relationships that you have built throughout the years. Your family will thank you.

If you have any questions about prearrangement, or simply want to set up an appointment, call 920-468-4111 and ask to speak with Barb Holford, our licensed agent for preneed, or your preferred funeral director.

"Thank you so much for your genuine kindness towards me and my family as we said goodbye to my Mom.
The way you paid attention to details, and to our feelings really made saying goodbye so much more peaceful.
You are very good at what you do."
- Proko-Wall Family

Visit Us Online at prokowall.com for past issues of TOMORROW and other resources.



#### GROUPS

#### S.O.S. (SURVIVORS OF SUICIDE)

For family and friends to cope with the loss of a loved one due to suicide. Meetings 7-8:30 p.m. at Bellin Executive Bldg., 2020 S. Webster, Mezzanine Room, 6/20, 7/18 & 8/15. Call Mary Doemel, 339-8952.

#### THE CARE COMMUNITY

In-Sight Books, Inc. web site for Grief's Safe Place. Visit thecarecommunity.com for for those who have experienced a loss.

#### HELPGUIDE.ORG

Website offering tools and advice for stress relief. Click on the Grief & Loss link on left.

#### **SHARE**

For parents who have lost a baby through miscarriage, still birth or early death. Monthly Meetings: McKenna Library, Room 2838 at St. Vincent at 7 p.m on the 2nd Thursday of each month. Special SHARE service on 7/14 at 1 pm at Allouez Cemetery Chapel. Call Lana Reinke at 433-8634.

#### MISCARRIAGE AND INFANT LOSS **MEMORIAL SERVICE**

June 5 at 9:30 am at Resurrection Parish, 333 Hilltop Dr., Green Bay. Meet in memorial garden on south side of church. Submit memorials by June 1. Contact Sheila DeLuca for more info 336-7768.

#### CHILDREN'S HEALTH ALLIANCE OF WI **INFANT DEATH CENTER**

For those that have experienced the unexpected death of a child, visit www.chawissonsin.org for a complete listing of grief support and bereavement resources.

#### THE COMPASSIONATE FRIENDS

For parents and grandparents grieving the loss of a child.

Green Bay: Meetings 3rd Tuesday of the month at 7 p.m. at First United Methodist Church, 501 Howe St., 370-3858, www.TCFGreenBay.org

#### DE PERE COMMUNITY CENTER

Grief support groups will be held the 2nd Monday of every month at the De Pere Community Center from 5:30 to 6:30 pm at 600 Grant St. De Pere, WI 54115, Lower Level- Maple Room.

#### PULASKI GRIEF SUPPORT

Open to all faiths and all ages. Meets at Assumption B.V.M. in the church basement in St. Clare Room. Enter at the southwest door. No registration required, Call 822-3223 for meeting schedule. \*

## B O O K R E V I E W

### Hanging On: A Painful Pilgrimage

by Deborah Young • Review by Molly Nicholson

For this book review, I had the pleasure and privilege of reading the manuscript Hanging On: A Painful Pilgrimage by Deborah Young, who is a Green Bay resident and a member of a family Proko-Wall has served. It is a rare opportunity for us to review a book that is so close to our hearts here at the funeral home. Young tragically lost her husband of 21 years in October 2012, and her powerful and heart-wrenching grief journey is chronicled in her upcoming book. She lays her soul bare for the readers as she holds their hands through the morning her husband passed, the funeral in the days following, and her grief hopelessness to hope. journey during the impossibly difficult first

The book is structured with manageable chapter lengths, relevant scripture passages, and excerpts from her personal journal she wrote in a letter format to her husband.

year. Her prose is both engaging and

relatable with raw emotion and deep

faithfulness.



It's an amazing gift to be able to travel with Young as she transforms from a state of

I cried along with Young in her grief, and my heart ached for her loneliness. Young includes different activities that

Young perfectly captures the

roller coaster of heartbreak and

mourning that follow a death,

emotionally invest in the book.

which allows any reader to

helped her reclaim some semblance of personhood outside of grief. She undertakes numerous creative tasks as an outlet, including the huge project of refinishing her wood floor. Seeing Young at her lowest point, the reader can't help but cheer for her as she

accomplishes these goals. It was an amazing gift to be

able to travel with Young as she transforms from a state of hopelessness to hope, and any person would feel blessed to share in her journey through Hanging On: A Painful Pilgrimage. 💠

Reviewed by Molly Nicholson, a graduate of the University of Minnesota Program of Mortuary Science.

#### INNE E

### An Asparagus Treat by Judith Knudsen

MyPlate emphasizes that our dinner plate should be comprised of half fruits and vegetables. A plant-based diet, which emphasizes fruits, vegetables, grains, beans, legumes and nuts is rich in fiber, vitamins and other nutrients. Only one quarter of

our plate should be protein. Most Americans don't consume enough fruits and vegetables.

Just as spring is a time of new beginnings, asparagus is one of those seasonal vegetables many look forward to consuming. It's packed with health benefits and is a good source of fiber, folate, vitamins A, C, E and K, as well as chromium, a trace mineral that enhances the ability of insulin to transport glucose from the bloodstream into cells.



Roasting is a great way to enjoy this flavorful vegetable.

#### **ROASTED ASPARAGUS**

- 1 bunch asparagus spears, washed and trimmed
- 3 Tablespoons olive oil
- 1-1/2 teaspoons grated Parmesan cheese, optional
- 1 teaspoon sea salt
- 1/2 teaspoon pepper
- 1. Preheat oven to 425 degrees.
- 2. Place asparagus in mixing bowl and drizzle with olive oil. Toss to coat spears then sprinkle with Parmesan cheese, salt and pepper. Arrange on baking sheet in single layer.
- 3. Bake until tender 12-15 minutes depending on thickness of stalks. ❖



## GRIEF SUPPORT GROUPS

"Shared tears and laughter are healing; trying to help others is a potent pain reliever."

—Erin Diehl, who lost her husband of 43 years to cancer.

#### **GRIEF SHARE PROGRAM**

Videos and discussions to find comfort and healing from grieving.

Celebration Church: 3475 Humboldt Rd., Tuesdays from at 6:30 - 8:00 pm. Call Myra Rasku at 465-4520 for schedule.

#### LIVING WITH LOSS

#### Asera Care Hospice Support Group:

1294 Lombardi Ave., Green Bay, call Mandy for schedule. 497-4672.

Special community memorial service and dove release 6/14 at 6:00 pm at Heritage Hill. Free and open to the public, RSVP by 6/10 at 497-4672.

Heartland Hospice Support Group: 5-week sessions throughout the year in Green Bay, Shawano, and Peshtigo. For more info on dates and locations, and to register, call bereavement coordinators, 336-6455.

#### **AURORA GRIEF CARE**

Green Bay: For adults; four-week session; Wednesdays from 1-2 p.m., Aurora Baycare Hospital Chapel, 2845 Greenbrier Rd. Call for schedule, 288-3094 or email renee.lubinski@aurorabaycare.com Manitowoc/Two Rivers: Aurora Baycare Hospital: 5000 Memorial Dr., Two Rivers. Call Sadie Nicolas at 920-288-5100 with questions or sadie.nicolas@aurora.org.

#### **NEW HOPE GRIEF GROUP**

Grief Support meetings at Annunciation Church, 1087 Kellogg St. Call for dates and times and to register by calling Quad parish at 496-2160.

#### NAVIGATING THE WATERS OF GRIEF UNITY HOSPICE'S ADULT BEREAVEMENT SUPPORT

Green Bay Area: Unity Office, 2366 Oak Ridge Cr., De Pere, Tuesdays, May 31 thru June 28, 6-7:30 pm, 7/12 thru 8/9, 6-7:30 pm. Registration required, call 338-1111. **Grief Connection**: ongoing grief support group for adults that meets the 3rd Thursday of every month from 6 to 7:30, call 338-1111. **Generations**: Hope for Grieving Families: Designed to help the whole family, adults, children, and teens. Meetings 2nd Thursday of every month from 5:30-7:30 p.m. in De Pere, 2366 Oak Ridge Cir., call 338-1111. Women's Luncheon: monthly on 3rd Wed. from 12-1:30 p.m. at a local restaurant for conversation & support. Call 338-1111 for location. Lunch is purchased off the menu **Understanding Grief**: Monthly overview of grief. Wednesday, 6/8, 7/11, 8/10, in Sturgeon Bay at 12:00 pm Call 338-1111 for location.

#### LIVING WITH LOSS

Appleton- Affinity Visiting Nurses Hospice: meetings 1st Tues., 2:30 p.m., Thompson Community Center, 820 W. College.

Men Journeying through Grief: For men only. Meetings every 1st Wed. at 6-8 p.m. at 816 W. Winneconne Ave., Neenah.

Peace through Grief: Looking at the many pieces of life that are affected by a loss; 6-week program looking at the emotional, physical, spiritual & social aspects of grief.

Pre-registration required. Call 727-2000 or 1-866-236-8500 for any of the above programs.



Image courtesy of Dan at FreeDigitalPhotos.net

#### LAKESHORE GRIEF SUPPORT PROGRAMS

All sessions are free and registration is not required. Both walk-in sessions and 4 week series. For more information please call Robb Spaulding at 920-698-0998.

Thursday: 6/2, 7/7 & 8/4, 6-7:30 p.m. Manitowoc County Office Complex, 4319 Expo Dr; Manitowoc, WI 54220

Tuesday: 6/14, 28, 7/12, 26, 8/9 & 23, 10-11:30 a.m.; Aurora Medical Center Michigan Conference Room; 5000 Memorial Dr., Two Rivers, WI

Wings of Hope: helps families as they grieve the loss of a baby through miscarriage, stillbirth, ectopic pregnancy, or SIDS. Contact Jenny Weier, Grief Facilitator 920-242-1153 S.O.S. (Survivors of Suicide): St. Peter the Fisherman Hall; Two Rivers. For more information contact Rhonda 920-901-0779 or St. Peter the Fisherman 920-793-4531.

HEALING TOGETHER SUPPORT GROUP Call Pam Sengstock at 321-2004 for more information on dates and times of sessions.

**CIRCLES OF FAITH GRIEF SUPPORT**Grief support meeting at St. James Parish,

Cooperstown on 7/10 from 6 to 8 p.m. Contact Tom Bekkers at 660-8066.

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### NUMBERS & EVENTS TO REMEMBER

<u>Green Bay Visitors & Convention</u> <u>Bureau</u>, 494-9507, 24 hour service call 494-1111.

Wisconsin Travel Information, 800-373-2737.

The Bridge-Between Retreat Center, 864-7230. Provides a contemplative bridge



to deepen relationships with self, God, neighbors & creation. A vibrant community built upon spirituality, wholeness, sustainable living, farming & preservation of our heritage.

## Neville Public Museum Exhibits, 448-4460.

Life and Death at Fort Howard, 4/2016-4/2017 71st Art Annual, 5/14-7/2 Ice Age Imperials, 5/27-10/30 Eyes on the Sky, 7/16-11/6



National Railroad Museum, 437-7623. Day Out with Thomas, June 15-

June 19, 9:15 a.m. - 4:45 p.m.

#### Village of Bellevue Leisure Services,

All are welcome. Questions, Registration or information, call 468-5225. *Bingo*; 3rd Thur. of month; 1-3pm; Community Center; \$.50 per card.

Green Bay Botanical Gardens, 490-9457; \$5-\$9

**Fri-Sun, June 3-5**, *Annual Garden Fair*, various hours & fees

Wednesdays, 6/8-8/31, Cookouts in the Garden, 11am-1pm, free admission with lunch purchase.

Wednesdays, 6/8-8/31, Free Wed. Evenings & Children's Discovery Station, 4-8 pm. Free admission for all. Weed 'n Feeds at the Garden, 6/8, 7/13, 8/10 & 9/14, 5-8 pm

**Thursdays**, 6/30-8/18, Sanimax concerts in the Garden, 6-7:30 pm

**Sun, Jun 19**, *Father's Day*, 9 am-8pm, free admission for all Fathers

Fri, Jun 24, Kid's Day 9 am-Noon, free adm for 17 & under with paid adult

**Mon**, **July 4**, *Independence Day*, free adm for veterans & active military

<u>Hazelwood</u>, 437-1840 6/2-6/19, Handmade: Victorian and Contemporary



7/30, Fairy Faire

<u>Farmer's Markets</u> GB Farmer's Market, 437-5972 Saturdays: 5/28 - 10/29, 7am-Noon

Farmers Market on Broadway Wednesdays, June 3- October 21 3:00 pm - 8:00 pm



**De Pere Farmers Market**, Thursdays, July 9-Oct. 15; 7:00 am - Noon, Seroogy's parking lot

Oneida Farmers Market, Thursdays, July2-October 13, Oneida Business Park; 12 to 6 p.m.

Heritage Hill, 448-5150 Kids Free Tuesdays; 10 am-4:30 pm

*Music on the Green*; 6:00 pm, 6/13, 27, 7/11, 25, 8/8 & 8/22, free adm.

Segway Tours, 6/8, 7/13, 8/10

Civil War Reenactment, 6/25-26

Heritage Players present: "Wisconsin: 100 Years After World War I", 7/10, 31, 8/7; 1:00-3:00 pm

Celebrate the Fourth; 10am-4:30 pm

Laura Ingalls Wilder Days, 7/16-17

Hops on the Hill, 7/28, 6:00-8:30pm, \$45 advance,\$50 door.

200th Anniversary of Fort Howard, 8/13-14

Green Bay Bullfrogs, 497-7225 5/31-8/14

Meyer Theatre, 494-3401 www.meyer theatre.org



6/5 Michael Carbonaro, 7:30 pm, \$70

6/10-6/23 49-1/2 Shades of Frank, varying times and prices

7/22-8/20 Frank & Pat's Pizza, varying times and prices

St. Norbert College, 403-3950 www.snc.edu/performing arts/tickets 6/3, 6/5 The Chantelles - 50 Years of Harmony, varying times, \$12

<u>Fox Cities PAC</u>, 920-730-3760 8/13 *Chicago - The Band*, 8 pm, \$65+

6/18 The 5 Milers, 7pm, \$14+

3/20 Creole Carnival, 7:30 pm

<u>Dine on the Deck</u>, Wednesdays, June 1-Aug 31; 11:30-1:30 pm, free live music, downtown Green Bay

<u>Summer in the Park</u>, Select Thursdays, in June, July, and August, 11:30 am - 2:00 pm, Free concert, Whitney Park

Fridays on the Fox, 437-5972 June 24-8/5, 6-9pm, City Deck, Free

Knights on the Fox, 403-4011 Tuesdays, Jul 12-Aug 9, 6:30-8pm, St. Norbert College

Church Picnics Sun, 6/5, St. Matthew Parish, 130 St. Matthew St., 11-3, Games, booyah, food



**Sun**, 6/12, St. Mary of the Angels Parish Picnic, 645 S Irwin Ave. 10 am to 4:30 pm, 437-1979

Sun, 6/25, Nativity of Our Lord Parish Picnic, 2270 S Oneida St.

Sun, 7/31, St. Louis Catholic Church, Dyckesville, N8726 County Line Rd

Sun, 8/14, Prince of Peace Parish Picnic, 3425 Willow Rd.

**Sun**, 8/14, Annunciation Catholic Church Picnic, 401 Gray St.

#### I U N E

Thurs-Fri, 6/2, 3, 6/9,10, The Nifty Fifties, Riverside Ballroom, dinner and a show. 5:30 pm, 544-4244

Wed, 6/8, If Tombstones Could Talk, Ft Howard Memorial Park, 6:30 pm, 437-1840

Thurs, 6/16, *Brew at the Zoo*, adults-only event to benefit conservation, 5 to 8 pm, 434-7841

**Fri**, 6/17, *Just Desserts*, von Stiehl Winery, \$15, 955-5208

Sat-Sun, 6/18-19, County of Brown Renaissance Faire, Brown County Fairgrounds, 366-2516



Sat, 6/18, BrewVino Roast, von Stiehl Winery, 955-5208

Sat, 6/25, Fly A Kite Fest, Arnie Wolff Sports Complex, 432-8899

### J U L Y

Fri, 7/1, Oneida Pow Wow, Norbert Hill Center, 496-5311

Fri-Sun, 7/1-3, Woodland Indian Art Show and Market, Radisson Hotel & Conference Center, 494-7300

Thurs, 7/7, 14, 21, 28, Algoma Summer Concerts, Heritage Park, 7 pm, 487-2041

Sat, 7/9, Gold Ribbin' BBQ Fest of Green Bay, Lambeau Field, 435-0100

**Sat**, 7/9, 16, 23, 30, von Stiehl Cuisine Concert, von Stiehl Winery, 800-955-5208

**Thurs, 7/14-21**, *Green Bay Restaurant Week*, various restaurants

Thurs-Sun, 7/21-24, Pulaski Polka Days, Polka Grounds, 822-3869

#### A U G U S T

Thurs, 8/4, 11, 18, Algoma Summer Concerts, Heritage Park, 7 pm, 487-2041

Thurs, 8/4, Taste on Broadway, Broadway District in Downtown Green Bay, 5-11 pm, 437-2531

Fri-Sun, 8/5-7, Baylake Bank Tall Ship Festival, Leicht's Memorial Park



Downtown Green Bay, 494-3401

Sat, 8/6, 13, 20, von Stiehl Cuisine Concert, von Stiehl Wintery, 800-955-5208

Mon, 8/8, *Jim Gaffigan*, Resch Center, 494-3401, \$47+

Wed, 8/10, If Tombstones Could Talk, Woodlawn Cemetery, 6:30 pm, 437-1840

Wed, 8/10, KISS, Resch Center, 7:30 pm, 494-3401, \$40+

Fri, 8/12, Green Bay Packers Pre-Season Game, Lambeau Field, 7pm, 596-7500

Fri-Sun, 8/12, 14, Algoma Shanty Days, Downtown Algoma, 800-298-4888

Wed-Mon, 8/17-21, Brown County Fair, Fairground in De Pere, 336-7292

**Thurs**, **8/18**, *Kids from Wisconsin Performance*, Walter Theater on St. Norbert College campus, 7:30 pm

Sat, 8/20, Soar on the Shore Kite Fest, Crescent Beach-Algoma, 11 am-4 pm, 800-498-4888

Fri-Sun, 8/26-28, Artstreet, Downtown Green Bay, 435-5220 ❖

Proko-Wall has gathered information on as many local events as possible. Proko-Wall is not recommending any particular event and lists them only as a public service.